

## Food and Nutrition Services

### Nutrition Centers

#### Caruthersville Oaks Senior Center

Website: Email Address: oakscenters@yahoo.com  
Phone: 573-333-2382 Address: 1105 Carleton Caruthersville, MO. 63830  
Services Provided: nutritious meals for seniors and daily activities

#### Hayti Nutrition Center

Website: Email Address: haytinut1@yahoo.com  
Phone: 573-359-1148 Address: 1600 East Washington Hayti, MO. 63851  
Services Provided: nutritious meals for seniors and daily activities

### Food Banks

#### Southeast Missouri Food Bank

Website: <https://www.semofoodbank.org/> Email Address: sminfo@semofoodbank.org  
Address: 600 State Highway H PO Box 190  
Phone Number: 855-703-3663 Sikeston, MO. 63801

#### Day of Hope Oasis

Phone Number: 573-333-1041 Address: 111 East 5th St. Caruthersville, MO. 63830  
Services Provided: Free food with ID on the 3rd Saturday of each month

#### We Care Ministries

Phone Number: 573-695-3690 Address: 101 S. Walnut Steele, MO. 63877  
Services Provided: Offers food bank services once a month